



RESOURCES

RAINN (Rape, Abuse, and Incest National Network)
<https://www.rainn.org/>

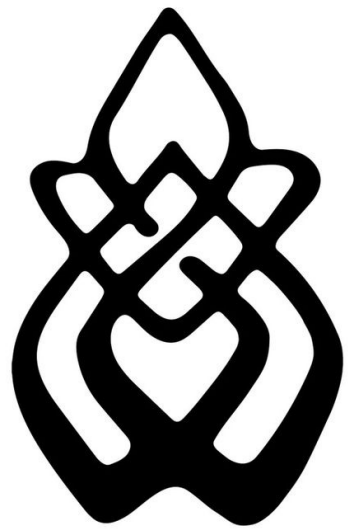
NSVRC (National Sexual Violence Resource Center)
<http://www.nsvrc.org/>

Not Alone: Together Against Sexual Assault
<https://notalone.gov/>

RACES (Rape Advocacy, Counseling, & Education Services)
<https://www.cu-races.org/>

**For 24/7 help,
 call: 800.656.HOPE(4673)**

HEAR THEIR VOICES



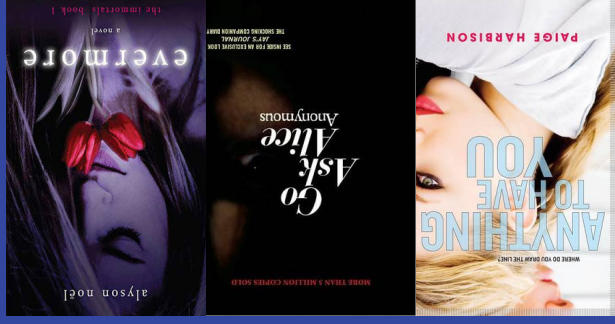
Survivors of sexual assault are often silenced in the media we consume.

Let's listen to realistic and empowering stories of survival and strength.

Have you read any
of these?



Swoon by Nina Malkin
Hush Hush by Becca Fitzpatrick
Twilight by Stephanie Meyer
Anything to Have You by Paige Harrison
Go Ask Alice by Beatrice Sparks
Evermore by Alyson Noel



Many of these titles are popular,
but have unrealistic and harmful
depictions of love, abuse, and
the effects of sexual assault.

TRY THESE
INSTEAD

The Hunting Ground (film)
(DVD-2015) Nonfiction DVDs 371.782 Hunting
In this documentary film, survivors of sexual assault share
their stories and fight for justice. This powerful and telling
expose reveals the rampant injustices of rape on college
campuses.

In Love and in Danger by Barrie Levy, MSW
(Book-2006) Teen Nonfiction 362.88 LEV
This manual for teens provides guidance for how to identify
harmful and unhealthy relationships, and gives resources
for how to leave them. Teen testimonials are included, as
well as general information about sexual assault and
abusive relationships.

Some Boys by Patty Blount

(Book-2014) Teen BLOUNT, Patty

Grace is raped by her town's golden boy, and when she
speaks out about it, nobody believes her. How will she
navigate her toxic relationships with friends and family
when they don't support her?

Autumn (video game)

(Virtual reality game-2015)

In this Oculus Rift game, players are placed in the shoes of
a sexual assault survivor. Episodic experiences are
bookmarked by the four seasons, which flow in reverse
chronology. Look through the eyes of a survivor to build a
useful, empathetic perspective.

The Way I Used to Be by Amber Smith

(Book-2016) Teen SMITH, Amber

Eden was 14 when she was raped by her brother's best
friend. Now, she knows she'll never be the same. Told
year by year, Eden's high school experience is heavily
influenced by her trauma.

The Perks of Being a Wallflower (film)

(DVD-2013) DVDs DRAMA Perks

Based on the popular novel by Stephen Chbosky, watch
Charlie, the quiet and introverted freshman, find himself in
a charismatic group of friends. Drugs, sexuality, and
mental health are all explored.

Asking For It by Louise O'Neill

(Book-2015) Teen O'NEILL, Louise

Emma, a young Irish woman, wakes up on a porch after a
party... and can't remember what happened. Once photos
surface from the night before, she must stand up for herself
in a culture that doesn't believe her.

Speak by Laurie Halse Anderson

(Audioobook-1999) Overdrive eAudioobook

Everyone wants Melinda to speak about her rape, but
nobody really listens. Through her artwork, Melinda can
truly express herself and be heard.

We Believe You: Survivors of Campus Sexual Assault

(Book-2016) Adult Nonfiction 371.782 CLA

"More than 1 in 5 women and 5 percent of men are sexually
assaulted at college." This collection of over 30 diverse
narratives of trauma, abuse, and recovery unveil the
silenced stories of survivors.

The Female of the Species by Mindy McGinnis

(Book-2016) Teen MCGINNIS, Mindy

Alex Craft is shy and awkward, but she has a thirst for
vengeance. Follow this complex and dynamic character's
psychological journey after she kills her sister's rapist.